

1998 - 2001

October 2018 - present

Work experience

Owner and Clinical Director

Butterfly Beginnings Counseling

Therapist February 2018 - December 2018

Life Connections

School-Based Therapist April 2014 - December 2017

Bethany for Children and Families

Adjunct Professor August 2017 - present

Eastern Iowa Community College

Education

DSW 2022-present

Walden University

Advanced Clinical Practice and Supervision Concentration

MSW 2009 - 2011

University of Iowa

Family Centered Concentration

BA Psychology and Social Work

University of Iowa

Licenses, Certifications, and Training

Licensed Independent Social Worker - State of Iowa

Licensed Clinical Social Worker- State of Illinois

Registered Play Therapist Supervisor

Advanced Certified Adlerian Play Therapist Consultant and Teacher

Internationally Credentialed Sandtray Therapist Provider

EMDR Certified Therapist and Consultant

AutPlay Certified Therapist

Registered Clinician with Association for Treatment of Trauma and Attachment in Children

Certified Synergetic Play Therapist

Trained in Theraplay Levels I & II

2016 Association for Play Therapy Leadership Academy Graduate

Presentations

2020 Co-Presented Expanding Expression: Utilization of Art-Based Interventions in Play Therapy for the Iowa Association for Play Therapy

2021 Co-presented Integrating Play Therapy Theories and EMDR for the Iowa Association for Play Therapy

2021 Presented Healing After Trauma: building the Crucial Cs in the Sand for the International Association of Sandtray Therapists Annual Summit

2022 Co-presented Introduction to Adlerian Play Therapy for the Iowa Mental Health Counselors
Association Conference

2022 Presented Examining Ways We Connect: Adlerian Life Tasks in the Sand for the International Association of Sandtray Therapists Annual Summit

2022 Co-presented Taking Partners in Play to School for the International Association for Play Therapy Conference

2023 Presented for Nevada Association for Play Therapy

Publications

2021 Emily's Emotional Empathy (self-published)

Professional Memberships

National Association of Social Workers

Association for Play Therapy

International Association for Sandtray

Therapists

Association for Treatment of Trauma and Attachment in Children

Theraplay

EMDR International Association

World Association of Sand Therapy Professionals

Iowa Association for Play Therapy

Boards and Committees

Iowa Association for Play Therapy Board President and Gold Branch Committee Chair- previously served as Board Vice President, Chair of Training Committee, and Chair of Membership Committee

Association for Play Therapy Ethics Committee Member

Association for Play Therapy University Education Committee Member
International Sand Therapists Association Diversity Committee Member
Former National Association of Social Workers Iowa Board Member and Southeast Brand Chair
Former Association for Play Therapy Conference Committee member